

## Regents Park Catholic Parish

**St Bernardine's Church**

25 Vergulde Road  
Regents Park Qld 4118

**St Catherine's Church**

74-76 East Street  
Jimboomba Qld 4280

**Our Lady of the Assumption**

4095-4105 Mt Lindesay H'way  
Park Ridge South Qld.

*We the Catholic Communities of Regents Park Parish, gather together in the presence of our loving God.  
To reflect on our Parish Values. To be respectful, Christ centred, inclusive,  
united, inspiring and generous in our service to God and the Community.*

**REGENTS PARK PARISH**

**Parish Priest:** Fr Onyema Eloagu

**Parish Office**

25 Vergulde Road  
Regents Park Qld 4118  
Mon, Wed and Fri 9am - 2pm  
[stbernardines@bne.catholic.net.au](mailto:stbernardines@bne.catholic.net.au)  
[www.stbernardinesparish.com.au](http://www.stbernardinesparish.com.au)  
Ph: 07 3362 8770

**Parish Secretary**

Mrs Bassania Perrett

**Pastoral Lay Ministry Coordinator**

Mrs Josephine Cullen  
[pastoral.stbern@bne.catholic.net.au](mailto:pastoral.stbern@bne.catholic.net.au)  
0419 733 878

**Youth Ministry Coordinators**

Nicky Ramchand & Sheridan Wilson  
[youth.stbern@bne.catholic.net.au](mailto:youth.stbern@bne.catholic.net.au)

**Local Safeguarding Representative**

Juan McGuire  
[lsr.stbern@bne.catholic.net.au](mailto:lsr.stbern@bne.catholic.net.au)

**ST BERNARDINE'S  
PRIMARY SCHOOL**

25 Vergulde Road  
Regents Park Qld 4118  
[pregentspark@bne.catholic.edu.au](mailto:pregentspark@bne.catholic.edu.au)  
Ph: 07 38001854 Fax: 07 3800 1899

**School Principal:** Mr Peter Griffin

**APA:** Katrina Bartholomew

**APRE:** Gemma Walker

**OUTSIDE SCHOOL HOURS CARE**

Karen Wells  
0408 076 361  
[co.regentsparkoshc@catholicearlyedcare.qld.edu.au](mailto:co.regentsparkoshc@catholicearlyedcare.qld.edu.au)

**EMMAUS COLLEGE**

48 East Street  
Jimboomba Qld 4280  
[psjimboomba@bne.catholic.edu.au](mailto:psjimboomba@bne.catholic.edu.au)  
Ph: 07 5547 9990 Fax: 07 5546 9903  
**School Principal:** Mrs Jane Egan

**Lent Through The Lens of Grace**

People often do not look forward to Lent.

Childhood memories of giving up candy or sitting through weekly Stations of the Cross come immediately to mind. Words like "sacrifice," "discipline,"

and "self-denial" are often used in ways that suggest that Lent is something to be endured rather than a time of grace and spiritual growth. Just imagine that this Lent is going to be different from every other Lent we have experienced. Imagine that there will be many graces offered us this year. Let us even imagine that God is going to help transform our lives, with greater freedom, greater joy, and deeper desires for love and service.



Preparing our hearts is a process of preparing our desires. This means practicing our sense of anticipation. If we imagine Lent as an "ordeal" or a time to dread in some way, then we have already pre-disposed ourselves to not get very much out of it. These days before Lent are time to start anticipating something wonderful that is about to happen. Our sense of excitement and anticipation will grow more easily if we begin to imagine what God wants to give us. There is something coming that we can truly look forward to. If we get too focused on ourselves and what we are going to do or not do, we could risk missing the gift God wants to give us. We have to keep aware of the fact that grace comes from God. This is about God's great desire to bless us. With this mindset, it is easier for us to imagine that what we really want to do is place ourselves in a space to receive what God wants to give us.

We receive God's gifts as body-persons. We experience things with our senses, relish them with our imaginations, and share in God's own creative and loving activity when our hearts and hands work together for and with others. We can let our homes be places full of the holy – things that help raise our minds and hearts to God. Our world is full of so many images that lure our minds and hearts elsewhere. Some symbols will carry the ongoing meaning we give them, for us and for our families and loved ones.

We can make sure that we have a crucifix in a central place in our home during Lent. A bowl of water on our dining room table can be transformed into a reminder of our preparing to renew our baptismal promises. A candle can be lit at each meal to remind us of the light of Christ among us in Lent and to prepare us for the new fire being lit at the Easter Vigil. Placing a Bible in a central place in our home reminds us of the central place of God's Word in our lives on this Lenten journey.

This year's Lent can be different. It will take openness to God's grace, a deep desire to receive what is being offered us, and a few signs and symbols to help us stay focused throughout the season. But if we do these things, God's desire for our hearts and our desire for greater union with God will meet. Lent will no longer feel like a burden, but rather a blessing.

**Peace and Grace to you all, Fr Onyema.**

## MASS TIMES

### Monday 19th February

8.00am Mass St Catherine's Church, Jimboomba

### Wednesday 21st February - St Peter Damian

9.00am Mass St Bernardine's Church

### Friday 23rd February

9.00am Mass St Paul de Chartres

7.00pm Stations of the Cross  
St Bernardine's Church

### Saturday 24th February - Saint Polycarp

#### Second Sunday of Lent

4.00pm Mass St Paul de Chartres

6.00pm Mass St Bernardine's Church

### Sunday 25th February

#### Second Sunday of Lent

7.30am Mass Our Lady of the Assumption Church

**Rosary before Mass**

9.00am Mass St Bernardine's Church

5.30pm Mass St Catherine's Church

**Rosary before Mass**

#### Reconciliation Times

St Catherine's Monday after Mass

St Bernardine's Wednesday after Mass

St Bernardine's Saturday after Mass

or by appointment with Fr Onyema

## This Week: First Sunday of Lent

1st Reading: Genesis 9:8-15

Responsorial Psalm:

*Your ways, O Lord, are love and truth  
to those who keep your covenant.*

2nd Reading: 1 Peter 3:18-22

Gospel: Mark 1:12-15

## Next Week: Second Sunday of Lent

1st Reading: Genesis 22:1-2, 9-13, 15-18

Responsorial Psalm:

*I will walk in the presence of the Lord,  
in the land of the living.*

2nd Reading: Romans 8:31-34

Gospel: Mark 9:2-10

## Prayer Requests for the sick of our parish

Hernan Martinez, Val Rooney, Ron Herbert,  
John McReady, John Grech, Arthur Maloney,  
Gina Eldridge, Suzie Collyer.

## Prayers for the Recently Deceased & Anniversaries

## Children's Liturgy

Sunday 9am St Bernardine's during school term.

**For school aged children unless  
accompanied by a parent.**

## Baptism Preparation



Next Baptism Preparation Session

**Monday 26th February at 7.00pm**

**St Bernardine's Church**

Please email the office to register attendance.  
[stbernardines@bne.catholic.net.au](mailto:stbernardines@bne.catholic.net.au)

## Light and Presence



**Will resume on 5 March 2024**

7pm to 8pm Tuesday St Bernardine's Church.

## Cuppa and Chat - All Welcome



**9.30am Mondays In The Parish Centre**

**St Bernardine's Church Morning Tea**

**Dates** Sunday, 18 February 2024

Sunday, 3 March 2024

**after 9.00am Mass** *bring along a plate to share.*

## Parish Meetings at Parish Centre

### Parish Finance Council

**5.00pm Mon 11th March 2024**

### Parish Leadership Team

**7.00pm Mon 11th March 2024**

*Any items for the Agenda, please submit to the Parish Office  
on the Monday of the week before the scheduled meeting.*

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## SACRAMENT OF PENENCE

For children in Grade 5 and above who have been baptised, and received the Sacraments of Confirmation and First Holy Communion are invited to receive God's Mercy (reconciliation)

on **Sunday 3rd March** after 9am Mass.

For all enrolment enquires please email [sacramental.stbern@bne.catholic.net.au](mailto:sacramental.stbern@bne.catholic.net.au)



## FIRST HOLY COMMUNION

For children who have been Confirmed and are in Grade 4 and above.

Rite of Commitment with Workshop **5th May**,  
First Holy Communion Mass **15th/16th June**.

Registration will open **April**.

## SACRAMENT OF CONFIRMATION

For children in Grade 3 and above

Parent Information Night - **Wed 8th May**,

Confirmation Ceremony **23rd August**.

Registration will open in **May**.



## PASTORAL MATTERS

**HELP NEEDED** - There is a missionary Catholic family of four that work within the Archdiocese struggling to find rental accommodation within our parish. They are looking to move into the area as soon as possible. If anyone has a rental available please contact the parish office as we would love to help this lovely family.



We will need fresh palms for Palm Sunday so please keep your trees looking healthy for this. We will still be using the large palms. This particular palm in picture I would like to also use. It is called the Jerusalem Palm. If anyone has this growing in their back yard please see or email Jo in the parish office. Keep an eye on the newsletter for when we will need the palms sent to office.

**Lenten Retreat - save this date—Saturday 16 March, at OLA, 9.30 sharp to 2.30pm. \$5 to cover morning tea and lunch. Please let us know of any dietary requirements. Set aside this time for prayerful reflection.**

As Lent approaches each year, our minds turn to, "What will we do: what will we give up? Instead of giving up, why not put something in .... Something that will take hold and stay with us for the rest of our lives – since Lent is about change/conversion. Remember that real penance is to live life well: to be the mercy and peace of God toward others. Perhaps one or two of the ideas over the next few weeks in the newsletter will be helpful.

Reflect or journal these questions : What do I find in my life today that I can love: - *about my partner* - *about my children* – *about my friends*.



**Next weekend 24/25th February we will celebrate the Sacrament of Marriage at each Mass. We would love parishioners to email a photo from your wedding day to be displayed on the PowerPoint. Please email to the office by Thursday 22nd February.**

*God Bless you all, Josephine (Jo) Pastoral Coordinator*



# Kids matter here.



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feel safe.



We want you to  
be safe.



We will listen to  
you.



We will help you  
with your  
problems.

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## St Paul de Chartres Retirement Units

The Sisters of St Paul de Chartres own and operate this well established, beautifully designed retirement village in Boronia Heights.

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Email: [lcalaby@spcagedcare.org.au](mailto:lcalaby@spcagedcare.org.au)

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## LENT 2024 WITH THE CATHOLIC GUY, BRUCE DOWNES

Lent is a time when we can grow closer to God and prepare our hearts for the true meaning of Easter. Be inspired. Be refreshed. Be renewed!

For 40 days you will receive a short, practical, and inspiring video in your inbox every morning to help you make this Lenten journey more powerful and prayerful.

This program is FREE and you can sign up here:

<https://BruceDownes.org/Lent>

Go to BruceDownes.org for more information.

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John (M) 0438 271 249

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## KEYS IN A FLASH

FOR ALL YOUR LOCK & KEY PROBLEMS

### ROMAN & BARBARA MALICKI

MOB: 0419 678 770 MOB: 0412 645 649

PH/FAX: 5543 1965

## February 18, 2024 - First Sunday of Lent

**"After John had been arrested, Jesus came to Galilee proclaiming the gospel of God."-Mark1:14**

Have you ever thought about how difficult it must have been for Jesus to go to Galilee, knowing that John had just been arrested for teaching the same message that He was proclaiming. It took great love and trust for Jesus to do what the Father had sent Him here on earth to do. In the same way, living a stewardship lifestyle takes great love and trust from us. We must be willing to surrender completely to God, trusting that He will always give us all that we need to fulfil His plan for us..