



Regents Park Catholic Parish

Comprising of St Bernardine's Church, St Catherine's Church
and Our Lady of the Assumption Church

31st January 2021

Fourth Sunday Ordinary Time Year B

'Here is a teaching that is new'

Parish Contacts

25 Vergulde Road, Regents Park
Mon - Fri 8:30am - 2:30pm

Phone: 3884 7600 Fax: 3800 2646

Email: stbernardines@bne.catholic.net.au

Website: www.stbernardinesparish.com.au

Priests of the Parish

Parish Priest— Fr John Conway

Email: conwayj@bne.catholic.net.au

Mobile: 0418 151 295

Associate Priest—Fr John Hong Nguyen

Email: nguyenj@bne.catholic.net.au

Mobile: 0422 571 482

Coordinator of Lay Ministries

Mrs Andrea Tews

Email: pastoral.stbern@bne.catholic.net.au

Parish Secretary & Safeguarding Officer

Mrs Christy Gracias

Email: stbernardines@bne.catholic.net.au

Finance Officer

Mrs Barbara Malicki

Email: finance.stbern@bne.catholic.net.au

Parish Office

If you need a priest at any time, please call

Fr John Conway on 0418 151 295 or

Fr John Hong on 0422 571 482

PARISH WEEKEND MASS BOOKINGS

You can book into Mass here

[Buy tickets at](#)

[TryBooking Australia](#)

St Bernardine's School

Welcome back to the Staff, the students and the Families, all those who are new and to those who are continuing their association with the School and Parish Community. 2021 has begun and we all look forward to making connections.

So, Welcome Back!

Please Pray for Recently Deceased:

**Rod Byrne, Douglas Graeme Corrin,
Matt Field and Kate Leadbetter**
May they rest in peace.

We the Catholic Communities of Regents Park Parish, guided by the Holy Spirit; commit to building a welcoming, inclusive, faith centred community grounded upon the Gospel values of leadership and service.

CALLING ALL CATHOLICS 2021

Let's work together and build this Kingdom of God.

Ministry Matters

PAINTING WORK

Due to an oversight on my part, I failed to inform the parish, and especially Park Ridge Community that the Parish is in the process of painting the exterior of Our Lady of the Assumption Church. It is happening now, and although I had not realised that the work could inconvenience the Mass participants until I arrived for Mass last Sunday and found huge equipment taking up some of the parking spaces, the information about the work being started should have been advertised. My apologies for that oversight.

The Finance Council has approved the work to be carried out and the cost of that work is approx. \$25000. I am hoping that with a good paint job the Church at the crossroads will glow for all to see.

PLUS

OLA Community is also rolling up their sleeves and planning on a bit of refurbishment work at the Church. It is planned that people will gather with their handy yard tools to clean up the grounds of the Church so as to match the paintwork.

This event is **OPEN TO ALL**. If you have the time, and even if you do not have the time, come along and share your gifts and abilities in tidying up the Church grounds, and then come for the Bar-B Q after Mass the next day. See inside this Newsletter for details of the date and time.

This may be just the beginning. Please remember that there are two (2) other Churches in need of tender love and care.

What can be done?

It would be helpful if we could also organise a regular Yard clean-up at St Bernardine's Church as well. Much needs to be done to keep the Church looking clean cut and tidy and this can only happen when YOU sign up to be involved.

Watch this space for clean-up time and come and spend a '**Weekend at Bernies'**!

Come along and do your bit.

God bless, Fr John

Dear Parishioners,

In the Gospel this Sunday, the Fourth Sunday in Ordinary Time year B, we see the scene of Jesus teaching in the synagogue. Saint Mark tells us that “*his teaching made a deep impression on them because, unlike the scribes, he taught them with authority.*”

There are views/definitions of authority. In *The Macquarie Dictionary*, authority is “the right to determine, adjudicate, or otherwise settle issues or disputes; the right to control, command, or determine.” In the *Encyclopaedia Of Catholicism*, we can read: “Authority in the Catholic Church is based on the authority of Jesus himself and his commission to his disciples...Authority in the New Testament is service....”

The words of the Lord have certain authority, authority even upon the unclean spirit as the case in the Gospel. Jesus said to the possessed man, “*Be quiet! Come out of him!*” And the unclean spirit came out of him. He was set free. A reflection, *Speaking with authority*, is as follows:

*Ideally words should always be preceded by deeds.
When people who have done something
begin to speak, people listen.
Their words carry enormous weight.
They have real authority.
The weakness of a lot of words arises from the fact
that they are not preceded, or accompanied,
or even followed by words.
At the root of innumerable wrongs in our world
is the discrepancy between word and deed.
It is the weakness of Churches, parties, and individuals.
It gives people and institutions split personalities.
Lord, grant that what we have said with our lips,
we may believe with our hearts,
and practise with our lives.*

Confident in the authority of God’s words, let us pay more attention to God’s words and be open so that God’s words can penetrate into our hearts, our minds, our thoughts, our attitude, our behaviour... on our life journey. May God bless us all!! Fr John Hong.

Pastoral Thoughts

Having a grateful heart is all about how we live our lives, how we perceive our world and view those around us. How we live our lives affects our health, emotional well-being and the lives of those around us. Gratefulness has a tendency to create content, happy and helpful people.

How can we be more grateful?

- Say thank you to God for the gift of each new day
- Spend a few minutes reflecting at the end of every day going through all that you are grateful for – it is amazing how many you can list
- Appreciating every good thing in life and recognizing that there is nothing too small for you to be thankful for
- Act with empathy and be grateful for all your blessings, especially those we take for granted
- Accept life’s challenges with an open heart and remember God gives us all that we need each and every day. There is positivity in every situation and challenge.
- For many people, the key to having more gratitude is to give back to others, by sharing their time, talent or treasure
- Take time to appreciate, and wonder at the intricacies and beauty of our natural world

A grateful heart is a magnet for miracles. Gratefulness tends to create contentment.

Be Grateful. **Be Content.** **Be Happy.** **Be Thankful!**

OLA Yard Clean-up Saturday 13 Feb from 7am.

We prayed for rain and now the gardens need attention!! Please bring your garden tools to give the hedges a good prune and a general spruce-up of the gardens. Utes and trailers will be needed to transport the green waste. Morning tea will be available. Please come along and lend a hand.

This Sunday Readings

First Reading	Deuteronomy 18:15-20
Responsorial Psalm	If today, you hear his voice, harden not your hearts.
Second Reading	First Corinthians 7:32-35
Gospel	Mark 1:21-28

OLA Family BBQ Brunch Sunday 14 Feb after Mass

All are welcome to come along to a BBQ Brunch to celebrate Family and Community on Sun 14 Feb . Please extend this invitation to your family and friends as a practical way of re-connecting to the Church, as our Archbishop is inspiring us to do.

For catering we need to know numbers, so please sign up at OLA masses or ring the Parish Office.

My grace is sufficient for you, for power is made perfect in weakness (2 Corinthians 12:9)

CLEO DINNER **(Catholic Ladies Eating Out)**

Have you seen our flyer?

The first dinner for this year is at;
COFFEE CLUB
EASTERN RD BROWNS PLAINS

Wednesday 3rd February 5:30pm

Please RSVP to
Michelle 0421 216 395 after 6PM.
OR Astrid 0417418014

Legion of Mary

Gathering to pray, each Tuesday at 10am. If you are interested in becoming a member please call the parish office on 38847600.



Lenten Program 2021

As we get ready for Lent, we again would like to offer the opportunity for you to join our Lenten Programs. If you are interested, please let the parish office know.

Light and Presence

St Bernardine's Church at 7pm on Tuesdays.
Starting again Tuesday 2nd February.
All are welcome.



Coffee and Cake

 The Ladies are meeting on Monday mornings at 9:30am.
This will be in the Parish Centre from 1st February.

Sacramental Journey 2021

If your child is ready to commence their Sacramental Journey in 2021, (it starts with Confirmation) please sign up via our website.

This is also a reminder to those families, who are finishing their journey with Reconciliation, please check your emails.

Mass Times This Week



- This weekend, to book a seat at Mass, please use our QR codes or the link below.
<https://www.trybooking.com/eventlist/regentsparkcatholicparishmasstimesforadvent?embed=1>
- Please book each week for the Masses you would like to attend. Note the QR Code and link above.
- You can email also Christy at stbernardines@bne.catholic.net.au
- You can book in over the internet. [You can click here and go straight there now.](#)
- You can ring the office on 38847600. Christy is here every weekday, between 8:30 and 2:00pm. Please leave your name and telephone number if you leave a message so we can confirm your RSVP. We can't call you back if you don't leave a message.

If you feel even a little unwell, we ask you to please stay home and take care of yourselves.

Date	Church	Time
Saturday 30th January	St Paul de Chartres Mass St Bernardine's Church	4:00pm 6:00pm
Sunday 31st January 4th Sun Ord Year B	Our Lady of the Assumption Church St Bernardine's Church St Catherine's Church	7:30am 9:00am 5:30pm
Tuesday 2nd February	St Catherine's Church— Presentation of the Lord	8:00am
Wednesday 3rd February	St Bernardine's Sienna Hall—Parishioners very welcome	9:00am
Thursday 4th February	Our Lady of the Assumption Church—Feast of St Thomas Aquinas	6:00pm
Friday 5th February	St Paul de Chartres Home—Feast of St Agatha	9:00am
Saturday 6th February 5th Sun Ord Year B	St Paul de Chartres Mass for Residents St Bernardine's Church	4:00pm 6:00pm
Sunday 7th February 5th Sun Ord Year B	Our Lady of the Assumption Church St Bernardine's Church St Catherine's Church	7:30am 9:00am 5:30pm

St Paul de Chartres Retirement Units

The Sisters of St Paul de Chartres own and operate this well established, beautifully designed retirement village in Boronia Heights.



1, 2 & 3 bedroom Retirement units available!

For costs and additional information or inspection:

Ph: 3809-6323 or 3800-7188 Email: icalaby@spcagedcare.org.au

OPEN HOUSE – THURSDAYS 10.00 -12.00

Elsie's Sewing, Clothing Alterations & Embroidery

2 Colisa Crescent, Regents Park

We do all clothing alterations including formal & wedding dresses, men's suits, replace zippers, etc. We have also purchased the embroidery business from Sal's Embroidery.

All former and new clients welcome.

Contact Ph: 3802 8707

Elsie: 0410 061 787

John: 0438 271 249

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